# Raindrop Technique<sup>®</sup>

The Raindrop Technique® combines the art of aromatherapy with the techniques of Vita Flex and massage in the application of essential oils to various areas of the body. This collection provides a revolutionary means of bringing balance and harmony to the body - physically, mentally, and emotionally.



\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

# **Product Summary**

Raindrop Technique combines the art of aromatherapy with the techniques of Vita Flex and massage in the application of essential oils to various areas of the body. This collection is designed to bring physical, mental, and emotional balance to the body.

## **Product Story**

Raindrop was developed by D. Gary Young, founder and president of Young Living Essential Oils, based on techniques taught to him by a Lakota medicine man. In Lakota Native American healing practices, healers sweep a feather upwards along the spine in imitation of the Northern Lights, which are revered for their healing energy. Young has adopted this technique and applied it with Young Living Therapeutic Grade<sup>™</sup> essential oils. Nine essential oils and essential oil blends are used for the technique: oregano, thyme, basil, cypress, wintergreen, marjoram, peppermint, Valor®, and Aroma Seiz<sup>™</sup>.

The kit also includes 8-ounce versions of the massage blends Ortho Ease® and V-6<sup>™</sup> Enhanced Vegetable Oil Complex.

## **Primary Benefits**

- Provides a healthy balance to the body.
- Produces deep relaxation and facilitates the release of stubborn emotions.
- Works to unwind tight and sore muscles, tendons, and ligaments

## How To Use

You don't need to be a massage therapist to enjoy the benefits of the Raindrop Technique. Simply have a comfortable area for the recipient to lie on, along with a twin-sized bed sheet or similar sized towel to help protect the modesty of the receiver. It is recommended that the Raindrop Technique be performed in a quiet, semi-darkened area, free from distractions. Follow the instructional booklet and DVD to learn the basic applications and techniques for the therapeutic massage.

## **Did You Know?**

- The Vita Flex Technique is a form of massage designed to distribute the benefits of essential oils throughout the body.
- Essential oils are applied to areas of the feet that correspond to various body systems, helping to alleviate tension, bodily imbalances, and more.
- The spinal cord is thought to be the center of energy distribution throughout the body, which is why it plays such an important role in the Raindrop Technique.

## TESTIMONIALS

#### Raindrop Technique for back discomfort

I was having severe back pain and was introduced to Raindrop Technique. After spending 6 weeks on all the new pain relievers, all to cause me side-effects. Yeap nothing seemed to work, then I was introduced to Raindrop and IMMEDIATELY, the pain was gone. J.B.

#### **Raindrop Technique for Scoliosis**

After one treatment of the Raindrop Technique I noticed something had changed in my back. I felt like I was using different muscles, the muscles felt like they were more relaxed & further away from the spine. During the treatment red dots came up on my spine where it was curved (possibly a virus that had been residing in my spine coming to the surface). I had some headaches the first night which was possibly a detoxification effect. During the following two weeks I took a few hot baths with eucalyptus oil & meditated on having my spine straighten out & I noticed that my hip levels were level, my leg length evened out & my spine was so straight that is was virtually undetectable that there was any curvature. It made such a significant improvement, subsequent Raindrop Techniques have also been beneficial for maintenance. T.C.

### Walking after not being able to

My mother fell twice and cannot walk. I started to do some Raindrop Technique on her back and vita flex on her feet. I use peppermint on her back and leg. In one week my mother could get out of bed. I continued to massage and two months later she is now walking with a walker by herself. Thanks to Young Living Essential Oils! S.M.

### Caution

If you are new to using essential oils, test the oils on a small area, such as the underside of the arm, to determine skin sensitivity. Dilute essential oils with V-6 Enhanced Vegetable Oil Complex if necessary.

Jeanmarie Hepworth – Crown Diamond YL Sponsor #1040 303-404-9612 Email: Ziaessoils@comcast.net http://www.ZiaEssentialOils.com